



## LITE MER OM JUDITH (GUIDE) OCH RESAN

I have been living in this country for nine years. My husband is dominican and my children born in Puerto Plata.

My parents have got a horse ranch. During their life they have been organising horseback riding in France.

Since I was born, horses have always been part of my life. I have been riding in jumping competition during many years, then travels took a larger space in my life. I finally decided to join these two passions.

My trips are in the North Coast of the island, in Puerto Plata area. This part of the island is a lot more authentic/real/charming than the other coast which is famous all around the world for its beaches and massive tourism. ( Bavaro, Punta Cana, Boca Chica....).

The Dominican republic was discovered in 1492 by Christopher Columbus. Walking on this land for the very first time he wrote how wonderful was this island. Today the pearl of the caribbean leave the travelers dreaming.

Luxuriant vegetation, beaches with no end, fruits with all the colors you can imagine, and a population very nice and naturally welcoming. Turquoise water sea, with thousand of colored fishes, coconuts palms, and a lot of music ...

### **So get in the saddle and let s go to discover our little world and paradise!**

You will enjoy the fantastic views and discover a new way of life, a different culture and different habits during all the trip.... You will share the daily life of dominican people, taste the local food...

**An unforgettable experience...**

**THE TRIP:** Departure from the mountains of Puerto Plata to the mangrove of Punta Rusia. Dominican republic is a big island with. 48 730km<sup>2</sup> so we can find different views and ecosystems. **Trip:** 8 days and 7 nights

**Most interesting points:** Discovery of the dominican country side and a new way of life. Meeting the local people during all the way, total immersion in the dominican life.

**7 waterfalls of Damajagua:** Sportive morning, discovery and ascension of the firsts 7 waterfalls, slide down in the water by natural toboggans. Fantastic place you will never imagine the beauty of the views and the purity of the water.

**Visit of Isabela :** Isabela is on the coast, and is now recognized like a natural park. Nice little village of fishing people, the sea water is transparent and the sand really white.. Funded by Christopher Columbus and his men in 1493, wear the name of the queen of spain Isabelle the Catholic. Today we can see « el templo de las americas» (commemorative church), vestiges of the first city in the new world, and we also find the cemetery of the last indians Tainos. Cultural and historical visit, discovery of a village depending in the fish from the ocean.

**Visit of Punta Rusia an Paradise Island :** Paradise Island is the only coral island of the Dominican Republic, a perfect circle-round reef in the middle of the ocean with an inner sand-bank. Paradise Island with its amazing untouched coral reef is the best place in the Dominican Republic for snorkeling.

**Visit of the Mangrove** Visit ,adventure and ecology-style on a small boat.

Many different landscapes during all the way.

During the trip we will take coast trails, and sometimes walk on the beach, it is possible to swim with horses for those one who wish to do that.

We cross a lot of rivers during the trip. Rivers waterfalls, ocean arm...

**Meals** : We have lunch every day in the house of dominican people or typical little restaurants called comedor. Dinner, in restaurant or on the beach (grilled lobsters, grilled fish etc...)

**Acomodation** : Hotel or nights in dominican home.

The idea to make possible a spontaneous meeting between local peoples and horseriders encourage us to choose this itinerary. Get out of the usual touristic ways and go to meet the reality of this wonderful island, meet the dominican people and their habits...During this trip we take the time to live and we have got surprises all the way....People in the country side never see tourists so it is not strange to see a old woman coming out of her little colored house to call us to try her hand made coffee,..or meet a child coming back from the school on his donkey and ride together. Many situations make this experience very rich and unusual, let us think there is an adventure in this adventure..

**Welcome to my beautiful little part of the world, I hope you will love it as much as we do !**